

ADULT SCHEDULE: American Top Team Coconut Creek Academy

MON	TUE	WED	THU	FRI	SAT
BJJ – GI All Ranks 10am – 11am	BJJ – GI Advanced <i>*New Class!</i> 10am – 11am	BJJ – GI All Ranks 10am – 11am	BJJ – GI Advanced <i>*New Class!</i> 10am – 11am	BJJ – NO-GI All Ranks 10am – 11am	
CAGE – FITNESS <i>New Cardio Class!</i> 5:30 – 6:15	BJJ – GI Teen Class <i>*New Class!</i> 5:30-6:30pm	CAGE – FITNESS <i>New Cardio Class!</i> 5:30 – 6:15	BJJ – GI Teen Class <i>*New Class!</i> 5:30-6:30pm	CAGE – FITNESS <i>New Cardio Class!</i> 5:30 – 6:15	Open Mat Grappling 11am-1pm
Boxing All Levels 6:00-7:00pm		Boxing All Levels 6:00-7:00pm		Boxing All Levels 6:00-7:00pm	
BJJ – GI Intermediate (White & Green) 6:30-7:30pm	BJJ – GI Advanced Blue & Above 6:30-7:30pm	BJJ – GI Intermediate (White & Green) 6:30-7:30pm	BJJ – GI Advanced Blue & Above 6:30-7:30pm	BJJ – GI Intermediate (White & Green) 6:30-7:30pm	
	Muay Thai Kickboxing Level 1 6:30-7:30pm		Muay Thai Kickboxing Level 1 6:30-7:30pm		
BJJ Beginner GI 7:30-8:30pm	Muay Thai Kickboxing Level 2 7:30-8:30pm	BJJ Beginner GI 7:30-8:30pm	Muay Thai Kickboxing Level 2 7:30-8:30pm	BJJ Beginner GI 7:30-8:30pm	
Muay Thai/ Kickboxing All levels 7:30-8:30pm	BJJ NO GI Intermediate & Advanced 7:30-8:30pm	Muay Thai/ Kickboxing All levels 7:30-8:30pm	BJJ NO GI Intermediate & Advanced 7:30-8:30pm		
MMA Classes 7:30-8:30pm		MMA Classes 7:30-8:30pm		MMA Classes 7:30-8:30pm	

PLEASE NOTE

**Please present your student ID card upon entering - *Show up 15 minutes before your class starts*

**Wear the proper ATT attire for your class*

ATT merchandise and gear can be purchased at Our Pro Shop located inside the Coconut Creek Academy

www.AmericanTopTeam.com – Ph: 954.425.0705